

ST. XAVIER'S UNIVERSITY, KOLKATA

B.A. (HONOURS) IN PSYCHOLOGY

CURRICULUM (Based on UGC CBCS Guidelines)

BASIC STRUCTURE: DISTRIBUTION OF COURSE

	Course	Details	Credits
1	Core Course (CC)	14 Papers of 6 Credit Hours each (Total Credits: 14 X 6 Hours)	84
2	General Elective (GE)	4 Papers of 6 Credit Hours each (Total Credits: 4 X 6 Hours)	24
3	Ability Enhancement Compulsory Course (AECC)	2 Papers of 2 Credit Hours each (Total Credits: 2 X 2 Hours)	4
4	Skill Enhancement Course (SEC)	2 Papers of 2 Credit Hours each (Total Credits: 2 X 2 Hours)	4
5	Discipline Specific Elective Paper (DSE)	4 Papers of 6 Credit Hours each (Total Credits: 4 X 6 Hours)	24
6	Additional Compulsory Papers	2 Papers of 1 Credit Hours each (Total Credits: 2 X 1 Hours)	2
	Total Credits		142

CURRICULUM

Semester	Paper	Title	Marks	Credits
I	I (Core Course)	Introduction to Psychology	100	6
	II (Core Course)	Foundations of Bio-Psychology	100	6
	III (General Elective)	General Psychology	100	6
	IV (Ability Engagement Compulsory Course)	English Communication I	50	1
	V (Ability Engagement Compulsory Course)	Environmental Studies I	50	1
	VI (Additional Compulsory Course)	Foundation Course I	50	1
Total			450	21
Semester	Paper	Title	Marks	Credits
II	VII (Core Course)	Psychology of individual differences	100	6
	VIII (Core Course)	Statistical Methods in Psychology	100	6
	IX (General Elective)	Youth, gender, identity	100	6
	X (Ability Engagement Compulsory Course)	English Communication II	50	1
	XI (Ability Engagement Compulsory Course)	Environmental Studies II	50	1
	XII (Additional Compulsory Course)	Foundation Course II	50	1
Total			450	21
Semester	Paper	Title	Marks	Credits
III	XIII (Core Course)	Development of Psychological Thought (Theory+ Tutorial)	100	6
	XIV (Core Course)	Psychological Research (Theory+ Practical)	100	6
	XV (Core Course)	Social Psychology (Theory+ Practical)	100	6
	XVI (General Elective)	Psychology at work	100	6
	XVII (Skill Enhancement Course)	Stress management	100	2
Total			500	26
Semester	Paper	Title	Marks	Credits
IV	XVIII (Core Course)	Understanding Psychological Disorder (Theory+ Practical)	100	6
	XIX (Core Course)	Statistical methods for Psychological Research -II	100	6
	XX (Core Course)	Applied Social Psychology (Theory+ Practical)	100	6
	XXI (General Elective)	Psychology and media	100	6

	XXII (Skill Enhancement Course)	Personal growth and development	100	2
Total			500	26
Semester	Paper	Title	Marks	Credits
V	XXIII (Core Course)	Understanding and dealing with Psychological Disorders (Theory +Practical)	100	6
	XXIV (Core Course)	Developmental Psychology (Theory +Practical)	100	6
	XXIV (Discipline Specific Elective Paper)	Positive Psychology	100	6
	XXV (Discipline Specific Elective Paper)	Human Resource Management	100	6
Total			400	24
Semester	Paper	Title	Marks	Credits
VI	XXVI (Core Course)	Organizational Behaviour (Theory +Practical)	100	6
	XXVII (Core Course)	Counselling Psychology	100	6
	XXIV (Discipline Specific Elective Paper)	Health Psychology	100	6
	XXV (Discipline Specific Elective Paper)	Project/ Dissertation	100	6
Total			400	24
Total across 6 semesters			2700	142